

Curriculum Vitae

Jinah Parker

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www.jinahparker.com

Dance | Education | Wellness

Education:

Saybrook University

Ph.D., projected completion 2026 Doctorate in Mind-Body Medicine
(mind-body science, integrative healthcare, hypnotherapy, research)

New York University

M.A., 2010 Master's in Dance Education

New York State Certification in Dance Education

State University of New York at Buffalo

B.A., 2004 (Cumulative education included Dance and Musical Theater)

Holistic Licensing and Certifications

HUMAN POTENTIAL ENGINEERING™

Licensed Practitioner of Neuro-Linguistic Programming® 2019

Institute for Inner Studies, Inc.

Pranic Healing Basic Certification 2018

Pranic Healing Advanced Certification 2020

Pranic Healing Psychotherapy Certification 2020

The Noble Touch

Essential Oils & Aromatherapy: For Prosperity and Manifestation Certification 2019

Essential Oils & Aromatherapy: Healing with the Angels Certification 2018

The International Institute of Reflexology Inc.

Ingham Method® of Reflexology

Completed levels 1-3 of foot and hand reflexology course work and case studies for certification
2013 - 2016

Professional Development

The Dalton School, *various training including anti-racism, equity, inclusion, online curriculum and best teaching practices, wellness in the classroom 2017- Present*

The Noble Touch, various holistic wellness training 2018 - Present

Gibney Dance, *ICAT Community Action Training 2016*

NYC Department of Education, *Citywide Dance 2015*

NYC Department of Education, Arts Education Liaisons – *Workshop#1 2013/2014*

NYC Department of Education, Arts Education Liaisons – *Introduction to fundraising 2013*

NYC Department of Education, *Engaging the Male Dancer & Partnering Techniques 2014-2015*

NYC Department of Education, *Impacting Arts Teacher Practice to Improve Student Learning 2014-2015*

NYC Department of Education, *The Art of Teaching Dance: Back to the Blueprint for Teaching and Learning in the Arts! Dancing Tales 2013-2014*

NYC Department of Education, *The Art of Teaching Dance: Tools and techniques for the classroom and studio 2012-2013*

Turn Around – a year-long training 2013-2014

Kagan Cooperative Learning- a year-long training 2012-2013

Fall for Dance Lab, *Mashup: Remixing Influences for Inspired Dance Making 2012*

New York State Dance Education Association (NYSDEA) Conference 2007 and 2008

Teaching Experience | Workshops | Coaching:

2023 (Upcoming)

Aurillac, France

La Manufacture

Guest teacher and choreographer for the 2022-2023 school year. Will teach technique and composition classes and set choreography on students for showcase.

2022-Present

Brooklyn, NY

HealHaus

Employed as an independent contractor to teach wellness sound session workshops. sessions focus on a holistic approach to wellness through movement, breathwork, visualization, and sound baths.

2020-Present

Brooklyn, NY

Private Coaching Practice

Working one on one with clients using predominantly NLP and Pranic Healing to support individuals through personal challenges.

Community Offerings

Virtual monthly sound bath meditations using premium crystal alchemy singing bowls, gong, and other healing instruments.

Fall of 2017- Present

New York, NY

The Dalton School

Employed as a salaried part-time faculty member. Teaching dance technique, conditioning, and composition to both high school and middle school.

2016- Present

Brooklyn, NY

The Jinah Parker Project

Founder and Director of a non-profit arts organization that tackles major social issues through dance, choreography, and education. Offering empowerment workshops through the arts, interactive lectures, dance composition, and technique classes.

March 2022

College Station, TX

Texas A&M

In residency with SHE and The Jinah Parker Project as a guest teacher and performer. Teaching dance technique, composition, and workshops to the general student population around ending gender violence, health, and wellness.

August - September 2021

Williamsburg, NY

Sounds Nice

A five-week pop-up of curated events around sound and mental health. Hired to teach movement-based wellness classes that incorporated sound healing.

October 2020 - February 2021

New York, NY

HOM

Hired for an array of virtual small group mental wellness sessions and large group wellness and personal development webinars.

November 2019

Lawrence, KS

University of Kansas

In residency with SHE and The Jinah Parker Project as a guest teacher and performer. Teaching dance technique, and workshops to the general student population around ending gender violence, health, and wellness.

May-June 2019

New York, NY, and Buffalo, NY

BITCH Fest (Breath Ignited Through Creative Healing)

A new workshop for female-identified individuals to find breathing space by using innovative forms of fun-centered healing. Unfolding topics such as micro-aggressions, race, and domestic violence.

2018

New York, NY

St. Francis College

Scholar in residence, working with students around ending gender violence, healing, and empowerment.

New York, NY

Columbia University

Hired as a guest speaker during Domestic Violence Awareness Month to speak about healing, personal transformation, and ending violence against women and girls.

2016-2017

Brooklyn, NY

EM Arts

Employed as an independent contractor. Teach dance part-time to 3rd-grade students. Create curriculum and facilitate teacher professional development.

2016

Brooklyn, NY

Williamsburg Movement & Arts Center

Employed as an independent contractor. Teach dance and theater at various sites throughout Brooklyn. Set choreography on WMAAC youth company.

2014- 2015

Queens, NY

Thomas J. McCann Woodside Intermediate School I.S. 125Q

Employed as a full-time dance teacher. Developing middle school dance curriculum teaching dance skills and arts literacy with a cross-curricular focus. Appointed school Arts Liaison.

2013 - 2015

Queens, NY

Summer Arts Institute, Frank Sinatra School of the Arts

Employed as the full-time middle school dance instructor. Teach Horton-based modern and dance composition. Create student-centered choreography.

2014

Colima, Mexico

Universidad De Colima

Guest artist taught modern technique class to BFA dance students.

2009 – 2012, 2014

New York, NY

Department of Theater and Dance

SUNY at Buffalo

Conducted auditions in New York City for prospective freshmen for the University at Buffalo Dance Department. Taught modern, jazz, and musical theater combinations and assisted in the adjudication process.

2012-2014

Queens, NY

Collaborative Arts Middle School

Employed as a full-time dance teacher. Creating a new dance program, developing middle school dance curriculum with a focus on technical advancement and arts literacy. Appointed school Arts Liaison.

2012

New York, NY

Tompkins Square Middle School

Employed as a full-time one-year replacement dance teacher. Created three full curriculums, teaching a variety of styles and grade levels. Participated in outcomes-based grading, created a dance website, and coached the school Spirit Team.

2010 - Summer

East Orange, NJ

Cicely Tyson School of the Performing Arts

Employed in Arts and Literacy Program where I taught various dance techniques while incorporating a daily literacy component.

2009

Patterson, NJ

Rosa L. Parks High School

Guest teaching artist, taught modern technique class to 11th and 12th grade students

2008

Buffalo, NY:

University at Buffalo

Substitute Instructor - Advanced Modern dance class.

2006 – 2008

Buffalo, NY

The Buffalo Academy for the Visual and Performing Arts

Employed as a full-time teacher by the Buffalo Public School system. Taught Horton-based modern dance technique, jazz, and dance history while choreographing for productions for school and community events.

2006 – 2008

Buffalo, NY:

Darlene Ciglia's Dance Project

Taught Technique class

2007

Buffalo, NY:

Miss Barbara's School of Dance

Taught Jazz class

2006 -2007

Williamsville, NY:

Lockport/ Classical City Ballet

Guest Modern and Jazz instructor

2005- 2006

Greenwich, CT:

Dance Adventure Dance School

Taught tap classes and choreograph for the recital

Performance Experience:

2022

Excerpts from SHE, a Choreoplay will be presented at Texas A&M, College Station, TX; created, written, choreographed, and danced by Jinah Parker & Company.

2021

Radeau (Raft) by Eleo Pomare, Presented as a part of Art and Activism - The Work of Eleo Pomare. Clark Center NYC in collaboration with Alpha Omega Theatrical Dance Company, New York, NY.

2019

Excerpts from SHE, a Choreoplay Presented at Kansas University, Lawrence, KS; created, written, choreographed, and danced by Jinah Parker & Company.

2018

Radeau (Raft) by Eleo Pomare, Presented as a part of American Dance Guild Festival, Citigroup Theater at The Ailey Studios, New York, NY.

Excerpts from SHE, a Choreoplay Presented at The Elmwood Avenue Festival of the Arts, Buffalo, NY; created, written, choreographed, and danced by Jinah Parker.

2017

Radeau (Raft) by Eleo Pomare, Presented as a part of Alpha Omega Theatrical Dance Company's 45th Anniversary, Citigroup Theater at The Ailey Studios, New York, NY.

Excerpts from SHE, a Choreoplay Presented at Iona College, New Rochelle, NY; created, written, choreographed, and danced by Jinah Parker.

SHE, a Choreoplay New York Society for Ethical Culture Presented in honor of Domestic Violence Awareness Month. Created, written, choreographed, and danced by Jinah Parker. Directed by Ellie Heyman.

SHE, a Choreoplay. Presented at HERE Arts Center Off-Off-Broadway Theater. Created, written, produced, choreographed, and danced by Jinah Parker.

Excerpts from SHE: A Choreoplay on sexual violence, Sandra Bland, and healing, Brooklyn, NY Brooklyn Museum First Saturday, Main Stage; created, written, produced, choreographed, and danced by Jinah Parker.

2016

SHE: A Choreoplay on sexual violence, Sandra Bland, and healing, New York, NY; created, written, produced, choreographed, and danced by Jinah Parker.

SHE: A multimedia suite on sexual violence, Sandra Bland, and healing, New York, NY; created, produced, choreographed, and danced by Jinah Parker.

2015

Statement Pieces, New York, NY; directed and choreographed by Jinah Parker. A multimedia performance capturing various aspects of the human experience.

2008- 2015

Alpha Omega Theatrical Dance Company, New York, NY; directed by Enrique Cruz DeJesus. Perform works by a range of choreographers including Enrique Cruz DeJesus and Eleo Pomare.

2009 - 2015

Annabella Gonzalez Dance Theater, New York, NY; directed by Annabella Gonzales. Perform several works by Annabella Gonzales for her Mexican Tours in Chihuahua and Mexico City.

2015

EVIDENCE: the Baldwin Suit, Queens, NY; directed by William Hooker, Juan Michael Porter II. Choreographed by Juan Michael Porter II. A multimedia performance featuring live jazz musicians collaborating with dancers, and poet. Featured Female Dancer

2010

Industrial: Wise Big City Boogie Promotion, New York, NY, Dancer

2008

The Sahel: A Crack in the Heart, New Rochelle, CT; performed work created by Christina Coleman

Beauty and the Beast, Artpark, Lewiston, NY; directed by Randy Kramer, Ensemble

2007

LehrerDance, Buffalo, NY; directed by Jon Lehrer, performed several known works by Jon Lehrer including *Bridge and Tunnel*, *Iambus* and *Loose Cannon*

Aida, Artpark, Lewiston, NY; directed by Randy Kramer, Nubian ensemble

2004-2005

Dayton Contemporary Dance Company II, Dayton, OH; directed by Shonna Hickman-Matlock

2003- 2004

Zodiaque Dance Company, University at Buffalo, Amherst, NY; directed by Tom Ralabate, featured in PBS Special Filming

Choreography | Creative Work:

2022

Distorted Beauty. Informal reading of new play. 7 Readers. Arts On Site, New York, NY

Excerpts from SHE, a Choreoplay with choreographic updates, created for university residencies. Cast of 6. Music: Various artists. Presented at Texas A&M, College Station, TX.

2021

Come Hell or High Water: Stories of women overcoming. A new Podcast on Apple Podcast & Spotify

2019

Excerpts from SHE, a Choreoplay created for university residencies. Cast of 6. Music: Various artists. Presented at University of Kansas, Lawrence, KS.

2018

SHE, a Choreoplay. Cast of 10. Music: Various artists. Presented at Gibney Studios, New York, NY.

SHE, a Choreoplay. Cast of 10. Music: Various artists. Off-Broadway Production, New York, NY

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Dance Every Damn Day Artist Talks. An interview series to highlight innovative dance artists and their upcoming performances.

2017

SHE, a Choreoplay. Cast of 10. Music: Various artists. Presented at HERE Arts Center Off-Off-Broadway Theater, New York, NY.

Excerpts from SHE: A choreoplay on sexual violence, Sandra Bland, and healing. Cast of 14. Music: Various artists including original music by Fraser Campbell. Presented at Brooklyn Museum/Target First Saturday. Brooklyn, NY.

Enough, 2 dancers, Music: Jacques Ibert. Presented at Manhattan Movement Arts Theater. New York, NY.

2016

SHE: A choreoplay on sexual violence, Sandra Bland, and healing. Cast of 14. Music: Various artists including original music by Fraser Campbell. Presented at New York Live Arts. New York, NY.

SHE: A multimedia suite on sexual violence, Sandra Bland, and healing. Cast of 14. Music: Various artists including original music by Fraser Campbell. Presented at New York Live Arts. New York, NY.

Stages of Release Part 2, 2 dancers, Music: Moby. Presented at The Manhattan Movement Arts Theater. New York, NY.

2015

Statement Pieces (evening-length work of 3 suites: *My Mama Told Me, Master Teacher, I Have Overcome*), 4 dancers, Music: Pharoah Sanders, Kerry Muzzey, Led Zeppelin, Erykah Badu, Laura Nyro, Kendrick Lamar, Nina Simone, Amel Larrieux. Presented by Dixon Place. New York, NY.

Stages of Release (excerpt), 1 dancer, Music: Wayne Shorter. Presented at The Manhattan Movement Arts Theater. New York, NY.

Annie MTI cast of 28: Presented at Thomas J. McCann IS 125, Queens, NY

2014

Tolerance, 1 dancer. Music: Wayne Shorter and Laura Nyro. Presented at The Manhattan Movement Arts Theater. New York, NY.

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Espoir, 1 dancer. Music: Wayne Shorter. Presented at The Snug Harbor Outdoor Festival. Staten Island, NY.

Hairspray Jr. cast of 28: MTI/Broadway Jr. Presented at Collaborative Arts Middle School, Queens, NY

2013

TalkBack, 2 dancers. Music: Justin Hicks. Presented at The Manhattan Movement Theater. New York, NY.

Thirst, 21 dancers. Music: Epic Score. Presented at The Tony Bennett Concert Hall, Frank Sinatra School of the Arts. Queens, NY

Once On This Island Jr. cast of 25: MTI /Broadway Jr. Presented at Collaborative Arts Middle School, Queens, NY

Urban Revolution, 20 dancers. Music: Justin Hicks. Presented at Collaborative Arts Middle School, Queens, NY. 2011

Hard, 2 dancers. Music: Justin Hicks. Presented at The Manhattan Movement Theater. New York, NY.

2008

Unfolding Evolution, 11 dancers. Music: Seal. Presented at The Buffalo Academy for the Visual and Performing Arts, Buffalo, NY.

Grace and Mercy, 12 dancers. Music: Marvin Sapp. Presented at The Buffalo Academy for the Visual and Performing Arts, Buffalo, NY.

Elements of Self, 2 dancers. Music: Raul Midon. Presented at The Buffalo Academy for the Visual and Performing Arts, Buffalo, NY.

Movin Up!, 6 dancers. Music: Curtis Mayfield. Presented at The Albright Knox Art Gallery, Buffalo, NY.

2007

Rising Souls, 5 dancers. Music: LaShun Pace. Presented at The Buffalo Academy for the Visual and Performing Arts, The Buffalo Public Library (opening performance for presentation by James Earl Jones), and The Buffalo Science Museum, Buffalo, NY.

Unspoken Reality, 18 dancers, 6 Actors. Music: Original Broadway recording of *Spring Awakening*, Kanye West, The Buffalo Academy for the Visual and Performing Arts Jazz

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Ensemble. Presented at The Buffalo Academy for the Visual and Performing Arts, Buffalo, NY.

Urban Behavior. 12 dancers. Music: Original soundtrack *FAME*. Presented at The Buffalo Academy for the Visual and Performing Arts, Buffalo, NY.

2006

Rhythm Nation, 16 dancers. Music: Stevie Wonder. Presented at The Buffalo Academy for the Visual and Performing Arts, Buffalo NY.

The Hunt, 10 dancers. Music: Hotel Costes. Presented at The Buffalo Academy for the Visual and Performing Arts, Buffalo, NY.

2004

Bound, 3 dancers. Music: Trumpets and Drums. Presented at The University at Buffalo Drama Theater, Amherst, NY.

2003

Drinking Sand, 7 dancers. Music: Jamiroquai. Presented at The University at Buffalo Black Box Theater, Amherst, NY.

Honors:

2022

Artist in Resident at La Manufacture Dance Campus in Aurillac, France.

2020

Featured on The Heal Me Too Podcast, “The Relationship with Our Body & Movement.”

Featured on The She Is Podcast, “Be Happy, Be Free, Manifest.”

2019

Featured on The Dance Boss Podcast, “Making Money Now Using Your Gifts.”

2018

University at Buffalo Department of Theatre and Dance Distinguished Alumni Award.

Scholar in Residence at St. Francis College.

Received generous support from V formally Eve Ensler, creator of the Vagina Monologues, and NBA Hall of Famer Grant Hill.

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2017

Reviews in The Village Voice, The Huffington Post, The New York Times, Medium, and The Root.

Elle was announced as the official media partner of SHE, a Choroplay™

Presented at Brooklyn Museum Target First Saturday

Received generous support from The National Organization of Women, The New York Society for Ethical Culture, actress and best selling author Gabrielle Union and V formally known as Eve Ensler.

2017-2018 CUNY Dance Initiative Recipient. Residency held at Brooklyn College: Brooklyn Center for the Performing Arts

2016

Signed with American Program Bureau, Inc. one of the leading lecture and performance booking agencies in the industry.

Scholarship to Gibney Dance ICAT- Community Action Training Workshop

SHE: A multimedia suite review in Jazz Right Now

Presented on NYC WBAI Radio: Rape Declaration Forum, Dance & Activism

2015

Article/interview in Jazz Right Now, November Featured Artist 2008

Selected to Judge The Links women's organization scholarship talent contest

2004

Graduated Magna Cum Laude

2004

Inducted into Phi Beta Kappa National Honor Society

2001

Inducted into Phi Eta Sigma National Honor Society

1999

“Queen Of The Beads: A feature in The Buffalo News. The youngest artist to be presented at The Burchfield Penney Art Center.