Curriculum Vitae

Jinah Parker
jinah@jinahparker.com
www.jinahparker.com
Dance | Education | Wellness

Choreography | Creative Work:

2026

BITCH Fest *(Breath Ignited Through Creative Healing)*, Triskelion Arts, Brooklyn, NY. Immersive choreoplay exploring trauma, generational wounds, and healing through movement, storytelling, audience participation, and embodied wellness practices.

"Reigniting the Spark: Expressive Arts and Intermodal Transfer as Wellness Practices in Dance Education." Peer-reviewed article, *Dance Education in Practice*, Taylor & Francis.

2023

Untitled Work, Part of Choreographic Residency at La Manufacture Aurillac, France. Developed work exploring trauma, healing, and support through the physical and emotional dynamics of carrying and being carried, developed through intermodal transfer (collage → poetry → movement) and partnerwork.

2022

'A Strange Loop' Was a Godsend to My Mental Health. Published article with TheBody.

Distorted Beauty. Informal reading of new play. 7 Readers. Arts On Site, New York, NY

***Excerpts from* SHE**, **a Choreoplay** with choreographic updates, created for university residencies. Cast of 6. Music: Various artists. Presented at **Texas A&M,** College Station, TX.

2021 - 2025

Come Hell or High Water: Stories of Women Overcoming. A Podcast on Apple Podcast, Spotify, and Audible.

2019

***Excerpts from* SHE**, **a Choreoplay** created for university residencies. Cast of 6. Music: Various artists. Presented at the **University of Kansas,** Lawrence, KS.

2018

SHE, a Choreoplay. Cast of 10. Music: Various artists. Presented at Gibney Studios, New York, NY.

SHE, a Choreoplay. Cast of 10. Music: Various artists. Off-Broadway Production, New York, NY

Dance Every Damn Day Artist Talks. An interview series to highlight innovative dance artists and their upcoming performances.

2017

SHE, a Choreoplay. Cast of 10. Music: Various artists. Presented at **HERE Arts Center** Off-Off-Broadway Theater, New York, NY.

***Excerpts from* SHE**: A choreoplay on sexual violence, Sandra Bland, and healing. Cast of 14. Music: Various artists, including original music by Fraser Campbell. Presented at **Brooklyn Museum/Target First Saturday**. Brooklyn, NY.

Enough, 2 dancers, Music: Jacques Ibert. Presented at **Manhattan Movement Arts Theater.** New York, NY.

2016

SHE: A choreoplay on sexual violence, Sandra Bland, and healing. Cast of 14. Music: Various artists, including original music by Fraser Campbell. Presented at **New York Live Arts.** New York, NY.

SHE: A multimedia suite on sexual violence, Sandra Bland, and healing. Cast of 14. Music: Various artists, including original music by Fraser Campbell. Presented at **New York Live Arts**. New York, NY.

Stages of Release Part 2, 2 dancers, Music: Moby. Presented at **Manhattan Movement Arts Theater.** New York, NY.

2015

Statement Pieces (evening-length work of 3 suites: *My Mama Told Me, Master Teacher, I Have Overcome*), 4 dancers, Music: Pharoah Sanders, Kerry Muzzey, Led Zeppelin, Erykah Badu, Laura Nyro, Kendrick Lamar, Nina Simone, Amel Larrieux. Presented by

Dixon Place. New York, NY.

Stages of Release (excerpt), 1 dancer, Music: Wayne Shorter. Presented at **Manhattan Movement Arts Theater.** New York, NY.

Annie MTI cast of 28: Presented at Thomas J. McCann IS 125, Queens, NY.

2014

Tolerance, 1 dancer. Music: Wayne Shorter and Laura Nyro. Presented at **Manhattan Movement Arts Theater.** New York, NY.

Espoir, 1 dancer. Music: Wayne Shorter. Presented at **The Snug Harbor Outdoor Festival.** Staten Island, NY.

Hairspray Jr. cast of 28: MTI/Broadway Jr. Presented at Collaborative Arts Middle School, Queens, NY

2013

TalkBack, 2 dancers. Music: Justin Hicks. Presented at **Manhattan Movement Theater.** New York, NY.

Thirst, 21 dancers. Music: Epic Score. Presented at The Tony Bennett Concert Hall, Frank Sinatra School of the Arts. Queens, NY

Once On This Island Jr. cast of 25: MTI /Broadway Jr. Presented at Collaborative Arts Middle School, Queens, NY

Urban Revolution, 20 dancers. Music: Justin Hicks. Presented at Collaborative Arts Middle School, Queens, NY. 2011

Hard, 2 dancers. Music: Justin Hicks. Presented at **Manhattan Movement Theater.** New York, NY.

2008

Unfolding Evolution, 11 dancers. Music: Seal. Presented at The Buffalo Academy for The Visual and Performing Arts, Buffalo, NY.

Grace and Mercy, 12 dancers. Music: Marvin Sapp. Presented at The Buffalo Academy for the Visual and Performing Arts, Buffalo, NY.

Elements of Self, 2 dancers. Music: Raul Midon. Presented at The Buffalo Academy for The Visual and Performing Arts, Buffalo, NY.

Movin Up!, 6 dancers. Music: Curtis Mayfield. Presented at The Albright-Knox Art Gallery, Buffalo, NY.

2007

Rising Souls, 5 dancers. Music: LaShun Pace. Presented at The Buffalo Academy for the Visual and Performing Arts, The Buffalo Public Library (opening performance for presentation by James Earl Jones), and The Buffalo Science Museum, Buffalo, NY.

Unspoken Reality, 18 dancers, 6 Actors. Music: Original Broadway recording of *Spring Awakening*, Kanye West, The Buffalo Academy for the Visual and Performing Arts Jazz Ensemble. Presented at The Buffalo Academy for the Visual and Performing Arts, Buffalo, NY.

Urban Behavior. 12 dancers. Music: Original soundtrack *FAME*. Presented at The Buffalo Academy for the Visual and Performing Arts, Buffalo, NY.
2006

Rhythm Nation, 16 dancers. Music: Stevie Wonder. Presented at The Buffalo Academy for the Visual and Performing Arts, Buffalo, NY.

The Hunt, 10 dancers. Music: Hotel Costes. Presented at The Buffalo Academy for the Visual and Performing Arts, Buffalo, NY.

2004

Bound, 3 dancers. Music: Trumpets and Drums. Presented at The University at Buffalo Drama Theater, Amherst, NY.

2003

Drinking Sand, 7 dancers. Music: Jamiroquai. Presented at The University at Buffalo Black Box Theater, Amherst, NY.

Honors:

2026

Featured in The Buffalo Challenger “Buffalo Born Dancer And Writer Jinah Parker Produces Her Second Play.”

2024

Invited to present a Distinguished Award to a faculty member at the University at Buffalo Department of Theatre and Dance's Zodiac 50th Anniversary Gala.

2023

Guest Choreographic Residency at La Manufacture Dance Campus in Aurillac, France.

2022

Summer Artist in Residence at La Manufacture Dance Campus in Aurillac, France.

2020

Featured on The Heal Me Too Podcast, "The Relationship with Our Body & Movement."

Featured on The She Is Podcast, "Be Happy, Be Free, Manifest."

2019

Featured on The Dance Boss Podcast, "Making Money Now Using Your Gifts."

2018

Received the University at Buffalo Department of Theatre and Dance Distinguished Alumni Award.

Scholar in Residence at St. Francis College.

Received generous support from V, formerly Eve Ensler, creator of the Vagina Monologues, and NBA Hall of Famer Grant Hill.

2017

Reviews in The Village Voice, The Huffington Post, The New York Times, Medium, and The Root.

Elle was announced as the official media partner of SHE, a Choroplay™

Presented at Brooklyn Museum Target First Saturday

Received generous support from The National Organization of Women, The New York

Society for Ethical Culture, actress and best-selling author Gabrielle Union, and V formerly known as Eve Ensler.

2017-2018 CUNY Dance Initiative Recipient. Residency held at Brooklyn College:

Brooklyn Center for the Performing Arts

2016

Signed with American Program Bureau, Inc. one of the leading lecture and performance booking agencies in the industry.

Scholarship to Gibney Dance ICAT- Community Action Training Workshop

SHE: A multimedia suite review in Jazz Right Now

Presented on NYC WBAI Radio: Rape Declaration Forum, Dance & Activism

2015

Article/interview in Jazz Right Now, November Featured Artist 2008
Selected to judge The Links women's organization scholarship talent contest

2004

Graduated Magna Cum Laude

2004

Inducted into Phi Beta Kappa National Honor Society

2001

Inducted into Phi Eta Sigma National Honor Society

1999

"Queen Of The Beads:" A feature in The Buffalo News. The youngest artist to be presented at The Burchfield Penney Art Center.

Performance Experience:

2026

Les Blancs by Lorraine Hansberry, directed by Tai Thompson, Actors' Equity staged reading, Roundabout Theatre Company, New York, NY

2023

Solo Excerpt from *SHE, a Choreoplay* presented at La Manufacture, Aurillac, France

2022

Excerpts from *SHE, a Choreoplay* presented at Texas A&M, College Station, TX; created, written, choreographed, and danced by Jinah Parker & Company.

2021

Radeau (Raft) by Eleo Pomare, presented as a part of Art and Activism - The Work of Eleo Pomare. Clark Center NYC, in collaboration with Alpha Omega Theatrical Dance Company, New York, NY.

2019

Excerpts from *SHE, a Choreoplay* presented at Kansas University, Lawrence, KS; created, written, choreographed, and danced by Jinah Parker & Company.

2018

Radeau (Raft) by Eleo Pomare, presented as a part of the American Dance Guild Festival, Citigroup Theater at The Ailey Studios, New York, NY.

Excerpts from *SHE, a Choreoplay* Presented at The Elmwood Avenue Festival of the Arts, Buffalo, NY; created, written, choreographed, and danced by Jinah Parker.

2017

Radeau (Raft) by Eleo Pomare, presented as a part of Alpha Omega Theatrical Dance Company's 45th Anniversary, Citigroup Theater at The Ailey Studios, New York, NY. Excerpts from *SHE, a Choreoplay* Presented at Iona College, New Rochelle, NY; created, written, choreographed, and danced by Jinah Parker.

SHE, a Choreoplay, New York Society for Ethical Culture, presented in honor of Domestic Violence Awareness Month. Created, written, choreographed, and danced by Jinah Parker. Directed by Ellie Heyman.

SHE, a Choreoplay. Presented at HERE Arts Center Off-Off-Broadway Theater. Created, written, produced, choreographed, and danced by Jinah Parker.Jinah Parker Page - 8 -

Excerpts from *SHE: A Choreoplay on sexual violence, Sandra Bland, and healing*, Brooklyn, NY, Brooklyn Museum First Saturday, Main Stage; created, written, produced, choreographed and danced by Jinah Parker.

2016

SHE: A Choreoplay on sexual violence, Sandra Bland, and healing, New York, NY; created, written, produced, choreographed, and danced by Jinah Parker.

SHE: A multimedia suite on sexual violence, Sandra Bland, and healing, New York, NY; created, produced, choreographed, and danced by Jinah Parker.

2015

Statement Pieces, New York, NY; directed and choreographed by Jinah Parker. A multimedia performance capturing various aspects of the human experience.

2008- 2015

Alpha Omega Theatrical Dance Company, New York, NY; directed by Enrique Cruz DeJesus. Perform works by a range of choreographers, including Enrique Cruz DeJesus and Eleo Pomare.

2009 - 2015

Annabella Gonzalez Dance Theater, New York, NY; directed by Annabella Gonzales. Perform several works by Annabella Gonzales for her Mexican Tours in Chihuahua and Mexico City.

2015

EVIDENCE: The Baldwin Suit, Queens, NY; directed by William Hooker, Juan Michael Porter II. Choreographed by Juan Michael Porter II. A multimedia performance featuring live jazz musicians collaborating with dancers and poet. Featured Female Dancer

2010

Industrial: Wise Big City Boogie Promotion, New York, NY, Dancer

2008

The Sahel: A Crack in the Heart, New Rochelle, CT; performed work created by Christina Coleman

Beauty and the Beast, Artpark, Lewiston, NY; directed by Randy Kramer, Ensemble

2007

LehrerDance, Buffalo, NY; directed by Jon Lehrer, performed several known works by Jon Lehrer, including *Bridge and Tunnel, Iambus,* and *Loose Cannon*

Aida, Artpark, Lewiston, NY; directed by Randy Kramer, Nubian ensemble

2004-2005

Dayton Contemporary Dance Company II, Dayton, OH; directed by Shonna Hickman-Matlock

2003- 2004

Zodiaque Dance Company, University at Buffalo, Amherst, NY; directed by Tom Ralabate, featured in PBS Special Filming

Education:

Saybrook University
Ph.D. Candidate: Doctorate in Mind-Body Medicine
(mind-body science, integrative creative studies, hypnotherapy, research)

New York University
M.A., 2010 Master's in Dance Education
New York State Certification in Dance Education

State University of New York at Buffalo
B.A., 2004 (Cumulative education included Dance and Musical Theater)

Holistic Licensing and Certifications
HUMAN POTENTIAL ENGINEERING™
Licensed Practitioner of Neuro-Linguistic Programming® 2019

Institute for Inner Studies, Inc.
Pranic Healing Basic Certification 2018
Pranic Healing Advanced Certification 2020
Pranic Healing Psychotherapy Certification 2020

The Noble Touch
Essential Oils & Aromatherapy: For Prosperity and Manifestation Certification 2019
Essential Oils & Aromatherapy: Healing with the Angels Certification 2018

The International Institute of Reflexology Inc.
Ingham Method® of Reflexology
Completed levels 1-3 of foot and hand reflexology course work and case studies for certification 2013 - 2016

Professional Development
The Dalton School, *various training, including anti-racism, equity, inclusion, virtual learning curriculum, best teaching practices, wellness in the classroom, 2017- Present*
The Noble Touch, various holistic wellness training, *2018 - Present*
Gibney Dance, *ICAT Community Action Training 2016*
NYC Department of Education, *Citywide Dance 2015*
NYC Department of Education, Arts Education Liaisons – *Workshop#1 2013/2014*
NYC Department of Education, Arts Education Liaisons – *Introduction to fundraising 2013*
NYC Department of Education*, Engaging the Male Dancer & Partnering Techniques 2014-2015*

NYC Department of Education, *Impacting Arts Teacher Practice to Improve Student Learning 2014-2015*
NYC Department of Education, *The Art of Teaching Dance: Back to the Blueprint for Teaching and Learning in the Arts! Dancing Tales 2013-2014*
NYC Department of Education, *The Art of Teaching Dance: Tools and techniques for the classroom and studio* 2012-2013
Turn Around – a year-long training 2013-2014
Kagan Cooperative Learning- a year-long training 2012-2013
Fall for Dance Lab, *Mashup*: Remixing Influences for Inspired Dance Making 2012
New York State Dance Education Association (NYSDEA) Conference 2007 and 2008

Teaching Experience | Workshops | Coaching:

March 2023
Aurillac, France

La Manufacture
Guest teacher and choreographer for the 2022-2023 school year. Teaching dance technique and composition classes to college students. Residency culminates with the construction of choreographic work for a public showcase.

2022-2024
Brooklyn, NY

HealHaus
Employed as an independent contractor to teach wellness sound session workshops. Sessions focus on a holistic approach to wellness through movement, breathwork, visualization, and sound baths.

The Noble Touch
Facilitate sound bath meditations.

2020-Present
Brooklyn, NY

Private Coaching Practice
Working one-on-one with clients using predominantly NLP and Pranic Healing to support individuals through personal challenges.

Community Offerings
Sound bath meditations using premium crystal alchemy singing bowls, gong, and other healing instruments.

Fall 2017- Present

New York, NY

The Dalton School

Employed as a salaried part-time faculty member. Teaching dance technique, conditioning, and composition to both high school and middle school.

2016- Present
Brooklyn, NY

The Jinah Parker Project

Founder and Director of a non-profit arts organization that tackles major social issues through dance, choreography, and education. Offering empowerment workshops through the arts, interactive lectures, dance composition, and technique classes.

March 2022
College Station, TX

Texas A&M

In residency with SHE and The Jinah Parker Project as a guest teacher and performer. Teaching dance technique, composition, and workshops to the general student population around ending gender violence, health, and wellness.

August - September 2021
Williamsburg, NY

Sounds Nice

A five-week pop-up of curated events around sound and mental health. Hired to teach movement-based wellness classes that incorporated sound healing.

October 2020 - February 2021
New York, NY

HOM

Hired for an array of virtual small group mental wellness sessions and large group wellness and personal development webinars.

November 2019
Lawrence, KS

University of Kansas

In residency with SHE and The Jinah Parker Project as a guest teacher and performer. Teaching dance technique and workshops to the general student population around ending gender violence, health, and wellness.

May-June 2019
New York, NY, and Buffalo, NY

BITCH Fest (Breath Ignited Through Creative Healing)
A new workshop for female-identified individuals to find breathing space by using innovative forms of fun-centered healing. Unfolding topics such as micro-aggressions, race, and domestic violence.

2018
New York, NY

St. Francis College
Scholar in residence, working with students around ending gender violence, healing, and empowerment.

Columbia University
Hired as a guest speaker during Domestic Violence Awareness Month to speak about healing, personal transformation, and ending violence against women and girls.

2016-2017
Brooklyn, NY

EM Arts
Employed as an independent contractor. Teach dance part-time to 3rd-grade students. Develop curriculum and facilitate professional development for teachers.

2016
Brooklyn, NY

Williamsburg Movement & Arts Center
Employed as an independent contractor. Teach dance and theater at various sites throughout Brooklyn. Set choreography on WMAAC youth company.

2014- 2015
Queens, NY

Thomas J. McCann Woodside Intermediate School I.S. 125Q
Employed as a full-time dance teacher. Developed middle school dance curriculum teaching dance skills and arts literacy with a cross-curricular focus. Appointed school Arts Liaison.

2013 - 2015
Queens, NY

Summer Arts Institute, Frank Sinatra School of the Arts
Employed as the full-time middle school dance instructor. Teach Horton-based modern and dance composition. Create student-centered choreography.

2014
Colima, Mexico

Universidad De Colima
Guest artist, taught modern technique class to BFA dance students.

2009 – 2012, 2014
New York, NY

SUNY at Buffalo Department of Theater and Dance
Conducted auditions in New York City for prospective freshmen for the University at Buffalo Dance Department. Taught modern, jazz, and musical theater combinations and assisted in the adjudication process.

2012-2014
Queens, NY

Collaborative Arts Middle School
Employed as a full-time dance teacher. Creating a new dance program, developing middle school dance curriculum with a focus on technical advancement and arts literacy. Appointed school Arts Liaison.

2012
New York, NY

Tompkins Square Middle School
Employed as a full-time one-year replacement dance teacher. Created three full curriculums, teaching a variety of styles and grade levels. Participated in outcomes-based grading, created a dance website, and coached the school Spirit Team.

2010 - Summer
East Orange, NJ

Cicely Tyson School of the Performing Arts
Employed in the Arts and Literacy Program, where I taught various dance techniques while incorporating a daily literacy component.

2009
Patterson, NJ

Rosa L. Parks High School
Guest teaching artist, taught modern technique class to 11th and 12th grade students

2008
Buffalo, NY:

University at Buffalo
Substitute Instructor - Advanced Modern dance class.

2006 – 2008
Buffalo, NY

The Buffalo Academy for the Visual and Performing Arts
Employed as a full-time teacher by the Buffalo Public School system. Taught Horton-based modern dance technique, jazz, and dance history while choreographing for productions for school and community events.

2006 – 2008
Buffalo, NY:

Darlene Ciglia's Dance Project
Taught Technique class

2007
Buffalo, NY:

Miss Barbara's School of Dance
Taught Jazz class

2006 -2007
Williamsville, NY:

Lockport/ Classical City Ballet
Guest Modern and Jazz instructor

2005- 2006
Greenwich, CT

Dance Adventure Dance School
Taught tap classes and choreographed for the recital