

IT'S MORE THAN A SHOW!

SHED

A CHOREOPLAY™

"passionate and necessary"
The New York Times

Photo by, Mickey Hoelscher



THE SHE STORY

Photo by, Mickey Hoelscher

The best way to describe SHE is the VAGINA MONOLOGUES meets FOR COLORED GIRLS in the 21st century. SHE is about ending violence against women and girls. It is about what happens to women like Sandra Bland; it is about all female identified individuals and it is about healing and empowerment. There is dance, there are monologues and dialogue between the women, there is music, there is film, and there is truth-telling in ways we feel break new ground in theater. Indeed SHE is a piece of art, but it doubles as a powerful movement, extending beyond the stage with educational tools, workshops, and a curriculum/study guide. It is an artistic mirror for our past and present political social climate. SHE's power lies in its ability to say the unsaid. It attaches to the voice in your head, your heart, and your soul by operating on what is most difficult for us to say out loud – **the truth.**



STATISTICS

- 1 out of 4 American women and girls are the victims of some form of sexual violence in their lifetimes. Globally, 1 out of 3 are victims, resulting in over ONE BILLION women and girls who have met sexual/gender violence in some form, mainly and usually at the hands of men and boys. (VDAY)
- Approximately 1.8 million adolescents in the United States have been the victims of sexual assault. Approximately 1 in 5 female high school students report being physically and/or sexually abused by a dating partner. 82% of all juvenile victims are female. (The U.S. Department of Justice: NSOPW)
- 21% of TGQN (transgender, genderqueer, nonconforming) college students have been sexually assaulted, compared to 18% of non-TGQN females, and 4% of non-TGQN males. (RAINN)
- About 1 in 5 college-aged female survivors received assistance from a victim services agency. (RAINN)
- Every 98 seconds an American is sexually assaulted. (RAINN)

Violence against women and girls on this planet in all of its forms is truly of epidemic proportions. This is why SHE is so important. SHE is more than an artistic piece, it is a community gathering for education, awareness, empowerment, and healing.

NEW YORK
LIVE
EVENTS

HERE

Brooklyn Museum

KU THE UNIVERSITY OF
KANSAS

LIU Brooklyn
KUMBLE
THEATER
for the Performing Arts



TEXAS A&M
UNIVERSITY

NEW YORK SOCIETY FOR ETHICAL CULTURE

ETHICAL



IONA
COLLEGE



Photo by, Mickey Hoelscherl

ENGAGEMENT



FROM THE PRESS

"passionate and necessary"
The New York Times

"With 'She,' Jinah Parker
Triumphs Over A Culture
That Abuses Woman"

the village **VOICE**

"SHE is a groundbreaking
work of art, a community
gathering, and a safe
space all in one."



Medium

"The choreoplay fiercely tackles
sexual, physical, emotional and
state violence, along with self-
care and healing."

THE **ROOT**



255 views · Liked by [brittgenovese](#) and [sarahelaz](#)

[liedcenterks](#) What a great workshop yesterday with dancer, choreographer and playwright Jinah Parker! She worked with [@newjayhawks](#), helping bring awareness to different forms of abuse, and taught movements to help cope with negative energy and emotions. Join us tonight at 7:30 for "SHE, a Choreoplay," which combines dance,

FROM THE PEOPLE

"We consider it an honor to have hosted SHE. The performance was so powerful and your interactions with our First Year Experience students was transformative."

— Kansas University

"I've already heard from faculty members that it was a transformative experience for their students. The level of the artistry as well as the urgent theme combined to hit home in an emotional way that forever changed them."

— Iona College

"I AM SHE, I have a story," she whispered in my ear. "This gave me courage, this gave me my voice."

— Audience Member, HERE Arts Center

"What a passionate piece filled with such devotion and care. The cast of dancers and poets were wonderful and your dancing was gorgeous. I was so moved by your inclusion of me." — Eve Ensler, Playwright, Performer, & Activist

PARTNERS & SUPPORTERS

Past, Present, and Ongoing



EVE ENSLER

creator of "The Vagina Monologues"

GABRIELLE UNION

actress/New York Times best-selling author

REGINA KING

Emmy Award-winning actress

GRANT HILL

Hall of Fame Basketball Player and co-owner of Atlanta Hawks basketball team

EILEEN DONAHOE

former U.S. Ambassador to the United Nations

VAN JONES

CNN talk show host

TARANA BURKE

creator of #MeToo movement

ROSE MCGOWAN

actress, producer, best-selling author



Photo by, Devin Lightner

OFFERINGS

PERFORMANCE
INTERACTIVE LECTURES
WORKSHOPS
CLASSES
OFFICE HOURS



PERFORMANCE

SHE, A CHOREOPLAY

Full Production

Enjoy the Off-Off Broadway Choreoplay followed by a post-show discussion.

“I’ve been thinking about last night, and I’ve never seen anything quite like it, ever. It was such an extraordinary show.”

— Mr. Lambert, Audience Member

SHE, A CHOREOPLAY

EXCERPTS

The stand out performance perfectly curated for an institution or organization event, followed by a post-show discussion.

INTERACTIVE LECTURES

Jinah provides interactive lectures that spark conversation around countering gender violence and eliminating the trauma from various forms of injustice experienced as a part of our historical and social climate. These dynamic experiences are not just about awareness but a journey through your own consciousness.



Video available on YouTube

**"AFFIRMED,
EMPOWERED,
JOYFUL"**

— NYC, Workshop
Guest

WORKSHOPS & CLASSES

**"Honestly, this was needed! Way more
than I thought! I feel open and new to
situations that have happened in the
past, prepared for the future, and
realigning for the present."**

— Buffalo, Workshop Guest



WORKSHOPS

Geared towards
personal
development, healing,
and empowerment

CLASSES

Technique
Choreography/
Composition
& Somatic

**"I FELT
INSPIRED,
WARM,
AND SAFE."**

— Student

As a part of any residency or organization package, you can include “Office Hours” with Jinah.

Holding a **License in Neuro Linguistic Programming**

(a form of cognitive behavior therapy), Jinah will work with students, faculty, employees, or any members of your organization’s staff for a **one on one break through session**. These sessions are meant to be an opportunity for individuals to work through challenging situations or roadblocks in their life, school culture, or place of employment so that they can **live and work productively**.

OFFICE HOURS



THE RESULTS!

"Jinah was exceptional. She shared information in a knowledgeable and confident manner. She was also engaging and facilitated an inclusive partnership with me. My session results were amazing.

The physical pain I had subsided immediately. My posture changed, my body seemed to adjust itself and I could literally feel energy moving in specific areas as we worked. Emotionally I was relieved with a feeling of laughter inside of me.

I must say NLP is truly amazing, and Jinah does excellent NPL work."

— Nora, Client

"She offered techniques that created a comfortable space for me to open up. After the 60 minutes session with Jinah, I felt like the weight had been lifted off me and I felt good. The anger that I had been harboring for years left my spirit... I am grateful for the NLP experience."

— Lakeisha, Client

“.... danced alongside the stunning Jinah Parker, moving through inner conflict that swelled and released at the energetic duality of their pairing.” — Matt Hanson, Danceworld.com



Photo by, Mickey Hoelscher

JINAH PARKER

A native daughter of Buffalo, New York, Jinah describes herself as a multi-faceted dancer, choreographer, educator, playwright, and trained natural healer. She holds a Masters Degree in Dance Education from New York University and a B.A. in Dance from the University at Buffalo, where she was inducted into Phi Beta Kappa National Honors Society. Embracing lifelong learning to enhance her work, Jinah recently received a license as a practitioner of Neuro Linguistic Programming under founder Richard Bandler. Jinah's most recent work SHE combines dance, theater, film, and music. SHE is an artistic mirror of our past and present political and social climates. "With 'SHE,' Jinah Parker Triumphs Over A Culture That Abuses Woman" (The Village Voice) and extends the stage with interactive conversations and educational tools."

Jinah's work includes teaching dance and performing internationally while receiving generous support from well-known artists such as Eve Ensler, creator of The Vagina Monologues; actress and best-selling author Gabrielle Union; in addition, to support from NBA Hall of Famer Grant Hill, Elle magazine and The National Organization of Women.

Full biography and curriculum vita available on jinahparker.com

THE JINAH PARKER PROJECT

The Jinah Parker Project is a non-profit arts organization created to inspire people of all backgrounds through dance, choreography, education and social media. We're focused on highlighting major social issues in America and globally through dance and performing arts. Jinah uses dance as a transformative tool to encourage cultural exchange, courageous conversations, and individual and community action. To summarize Jinah's art is for 'the people' and is inspired by everyday people. Her major educational project, SHE, a Choreoplay highlights what the New York Times Magazine has called one of the major human rights issues of the 21st century: gender violence.

As the creator of "SHE", Jinah has created the template for her work going forward; a template, which includes performance, conversation, and curriculum. Additionally, Jinah uses an aesthetic she describes as "distorted beauty," which takes classic dance lines and breaks the rules, resulting in crisp and electrifying new movements. That is the vision and mission of The Jinah Parker Project: Dance. Choreography. Education.

Photo by, Mickey Hoelscher

BOOK A RESIDENCY OR ANY LISTED OFFERINGS

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CONTACT



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