

## **SHE Resources for survivors of SEXUAL VIOLENCE**

*Below is a list of basic resources for those affected by sexual violence. For an extended list of local and national resources please scroll down further*

### **Who to call?**

**National Child Abuse Hotline (Child Help):** 1-800-422-4453  
**National Dating Abuse Helpline:** 1-866-331-9474  
**National Domestic Violence Hotline:** 1-800-799-7233 (SAFE)

**National Human Trafficking Hotline:** 1-888-3737-88  
**National Sexual Assault Hotline (RAINN)-** 1-800-656-4673  
**National Suicide Prevention Hotline:** 1-800-273-8255

### **What to do?**

#### **Steps You Can Take After Sexual Assault**

<https://www.rainn.org/articles/steps-you-can-take-after-sexual-assault>

#### **What to Do If Someone I Know Is Sexually Assaulted**

<http://pact5.org/how-to-get-help/what-to-do-if-someone-i-know-has-been-sexually-assaulted/>

#### **A Guide for Survivors of Sexual Assault**

[http://taasa.org/wp-content/uploads/2015/05/BK\\_TAASA-Survivor-Booklet-2014.pdf](http://taasa.org/wp-content/uploads/2015/05/BK_TAASA-Survivor-Booklet-2014.pdf)

### **What to read?**

“Letter from Stanford University Rape Victim to Her Attacker”

<https://tinyurl.com/kkzlbgl>

“The Undeniable Rape Culture of Donald Trump,” blog by Eve Ensler

<https://tinyurl.com/jh9mo8o>

*Feminism Is for Everybody: Passionate Politics*, book by bell hooks

“Letter to a Young Man,” blog by Kevin Powell

<http://www.utne.com/community/kevin-powell-letter-to-a-young-man-zl0z16uzsau>

#### **Understanding Abuse-Common Signs and Resources**

<https://www.womenshealth.gov/violence-against-women/am-i-being-abused/>

<http://nnedv.org/resources/stats.html>

### **What to watch?**

**Gloria Steinem speaks on violence against women**

<https://www.youtube.com/watch?v=oaXX3q27ZF8>

**“Violence against women: it’s a men’s issue”**

**A lecture by Jackson Katz**

<https://www.youtube.com/watch?v=KTvSfeCRxe8>

**Local SHE Resources for survivors of SEXUAL VIOLENCE**

*Below is a list of local resources for those affected by sexual violence in the New York Metro Area.*

*For a list of national resources please scroll down.*

**Who to call**

**Emergency Hotlines:**

**Domestic Violence City-Wide Hotline: 1-800.942.6906**

**New York State Domestic Violence Hotline: 1-800-621-HOPE (4673)**

**NYC Family Justice Center:**

**Manhattan- (212) 602-2800**

**Brooklyn- (718) 250-5111**

**Queens- (718) 575-4500**

**Bronx- (718) 575-4500**

**Staten Island- Call 311**

**To Report a Violent Crime (The Five Boroughs)**

**NYC District Attorney’s Crime/Special Victims Bureau – 212.335.9373**

**Manhattan (child sexual abuse)- 212.335.4300**

**Brooklyn (sex crimes bureau)- 718.250.3170**

**Brooklyn (counseling)- 718.250.3820**

**Bronx- 718.590.2115**

**Queens- 718.286.6505**

**Staten Island- 718.556.7125**

**New York Police Department Sex Crimes Report Line – 212.267.7273**

**Manhattan DA, Victim Assistance Center – 212.335.9040**

### **Legal Help for Survivors**

#### **Center for Battered Women's Legal Services**

Sanctuary for Families – 212.349.6009

Connect, Inc. Legal Advocacy – 212.683.0605

#### **New York State Coalition Against Domestic Violence (Albany)**

518-482-5465

[WWW.NYSCADV.ORG](http://WWW.NYSCADV.ORG)

#### **Safe Horizon Domestic Violence Law Project (DVLDP)**

718.834.7430 x1101

### **Mental Health Resources**

**Ackerman Institute for the Family – (212) 879-4900 ext. 122**

936 Broadway, New York, NY 10010

**Care for the Homeless – 212.366.4459**

30 East 33rd Street, 5th Floor

**Center for Modern Psychoanalytic Studies** – 212.228.6036

16 West 10th Street between 5th and 6th Avenues

**The Gestalt Center** – 212.387.9429

220 Fifth Avenue, Suite 802

**Institute for Human Identity-** (212) 243-2830

322 Eighth Avenue, Suite 802

**Lisa R. Cohen, Ph.D.-** 124 West 79th Street Suite 1E

New York, NY 10024

646-522-7496

[info@drlisacohen.com](mailto:info@drlisacohen.com)

Dr. Wendy Carolina Franco

Psychologist

**Counseling and Psychological Services**

Alfred Lerner Hall, 2920 Broadway, 5th FL, New York, NY 10027

wcf2113@cumc.columbia.edu

**Women's Mental Health Consortium:** (917) 952-6994

<http://womensmentalhealthconsortium.org>

**The Women's Therapy Centre Institute:**

<http://wtci-nyc.org/social-activism/domestic-violence-project/>

[connectandchange@yahoo.com](mailto:connectandchange@yahoo.com) (Domestic Violence Program)

### **Financial Resources**

**Financial Empowerment/Literacy Resources:**

Access to Federal Benefits for Domestic Violence Survivors

<https://idaresources.acf.hhs.gov/page?pageid=a047000000DfWdU>

**Financial Help for Women in Need**

<https://www.moneygeek.com/financial-planning/resources/financial-help-women-abusive-relationships/>

**Jacquette Timmons, Financial Behaviorist**

<https://www.jacquettetimmons.com/>

## **Where to Go**

### **Manhattan:**

Barrier Free Living, Inc.

PO Box 20799  
New York, NY 10009  
Phone: (212) 533-4358  
[info@bflnyc.org](mailto:info@bflnyc.org)

The Bowery Mission  
227 Bowery  
New York, NY 10002  
1-(800) Bowery-1  
[info@chaonline.org](mailto:info@chaonline.org)

Christian Herald Association, Inc. Dba The Bowery Mission - New York  
132 Madison Avenue  
New York, NY - 10016  
[info@chaonline.org](mailto:info@chaonline.org)

Connect NYC:  
311 W 34th St, New York, NY 10001  
Phone: 212-683-0015  
[connect@connectnyc.org](mailto:connect@connectnyc.org)

HELP USA Home Office  
115 East 13th Street  
New York, NY 10003  
[Info@HELPUSA.org](mailto:Info@HELPUSA.org)  
800-311-7999

Henry Street Settlement - New York  
265 Henry Street  
New York, NY - 10002

212.766.9200  
[info@henrystreet.org](mailto:info@henrystreet.org)

Lalitamba Saranam (Fredericks Place) - New York  
P.O. Box 131, Planetarium Station  
New York, NY - 10024  
212-873-0140  
[fredericksplace@yahoo.com](mailto:fredericksplace@yahoo.com)

Safe Horizon  
2 Lafayette Street, 3rd Floor  
New York, NY 10007  
718-943-8655 Office  
[juanito.vargas@safehorizon.org](mailto:juanito.vargas@safehorizon.org)

Sanctuary for Families  
PO Box 1406  
Wall Street Station  
New York, NY 10268  
212.349.6009  
[info@sffny.org](mailto:info@sffny.org)

Women In Need, Inc. - New York  
115 West 31st Street  
New York, NY - 10001  
(212) 695-4758  
[info@winnyc.org](mailto:info@winnyc.org)

## **Brooklyn**

Brooklyn Women's Shelter  
116 Williams Avenue  
Brooklyn, NY 11217  
Call: 311

Center Against Domestic Violence  
25 Chapel Street, Suite 904  
Brooklyn, NY 11201  
718.254.9134  
[center@centeragainstdv.org](mailto:center@centeragainstdv.org)

Center for the Elimination of Violence in the Family - Brooklyn  
25 Chapel Street, Suite 904  
Brooklyn, NY - 11201  
(718) 254-9134  
[center@centeragainstdv.org](mailto:center@centeragainstdv.org)

Junior League of Brooklyn - Brooklyn  
55 Pierrepont Street  
Brooklyn, NY - 11201  
718.624.3288  
[contactus@brooklynjuniorleague.org](mailto:contactus@brooklynjuniorleague.org)

YWCA Of Brooklyn - Brooklyn  
30 Third Ave  
Brooklyn, NY - 11217  
(718) 875-1190  
[RTelesford@ywcabklyn.org](mailto:RTelesford@ywcabklyn.org)

**Bronx:**

Franklin Women's Intake Shelter  
1122 Franklin Avenue  
Bronx, NY 10456  
Call: 311

**Queens:**

Safe Horizon  
7409 37th Ave #416  
Jackson Heights, NY 11372  
(718) 899-1233

**Westchester:**

My Sisters' Place

One Water Street White Plains, NY 10601  
914-683-1333  
[info@mspny.org](mailto:info@mspny.org)

Samaritan House Women's Shelter  
Grace Church Parish House  
33 Church Street / 3rd Floor  
White Plains, NY 10601  
914.948.3075 x 9310  
[dwilliams@liftingupwestchester.org](mailto:dwilliams@liftingupwestchester.org)

Putnam Northern Westchester Women's Resource Center Inc. - Mahopac  
935 S Lake Blvd Suite 2  
Mahopac, NY - 10541  
(845) 628-9284  
[info@pnwwrc.org](mailto:info@pnwwrc.org)

**New Jersey:**

Babyland Domestic Violence Shelter - Newark  
755 South Orange Avenue  
Newark, NJ - 07106  
973.399.3400

New Jersey Coalition for Battered Women  
Phone: 609-584-8107

Passaic County Women's Center - Domestic Violence Program - Paterson  
PO Box 244  
Paterson, NJ - 07543  
(973) 881-1450

Women Aware, Inc. New Brunswick - New Brunswick  
250 Livingston Avenue  
New Brunswick, NJ - 08901  
(732) 249-4900

**Long Island:**

Brighter Tomorrows, Inc.  
P.O. Box 706  
Shirley, NY 11967  
Hotline: (631) 395-1800  
Phone: (631) 395-1801

LI Against Domestic Violence  
320 Carleton Avenue, Suite 8000



Central Islip, NY 11722  
(631) 666-7181

**Other Local Women's Groups:**

Girls Inc.:  
(212) 509-2000  
[communications@girlsinc.org](mailto:communications@girlsinc.org)

Girls Write Now:  
212.336.9330  
[info@girlswritenow.org](mailto:info@girlswritenow.org)

National Organization for Women:  
NYC: 212.627.9895  
[contact@nownyc.org](mailto:contact@nownyc.org)

Single Mother's Support Group (Harlem):  
212-662-5536

The New York Women's Foundation Inc.:  
39 Broadway #2300  
New York, NY 10006  
(212) 514-6993  
[hello@nywf.org](mailto:hello@nywf.org)

**Spiritual Resources**

**New York Open Center**  
22 East 30th Street  
New York, NY 10016  
(212) 219-2527  
[registration@opencenter.org](mailto:registration@opencenter.org)

**The Interfaith Center of New York**  
475 Riverside Drive, Suite 540  
New York, NY 10115  
212-870-3510  
[info@interfaithcenter.org](mailto:info@interfaithcenter.org)

**Yoga to the People**  
12 Saint Marks Place, 2R  
New York, NY 10003

Phone: 917.573.YOGA (9642)  
[info@yogatothepeople.com](mailto:info@yogatothepeople.com)

**Judson Memorial Church**

239 Thompson St.  
New York NY, 10012  
Phone 212-477-0351  
[info@judson.org](mailto:info@judson.org)

**Shambhala Meditation Center Of New York**

118 West 22nd Street, 6th Floor  
New York, NY 10011  
(between 6th and 7th avenues)  
[ashley.dinges@shambhalanyc.org](mailto:ashley.dinges@shambhalanyc.org)

**Resources for Men and Boys:**

**A Call to Men**

250 Merrick Road #813  
Rockville Centre, New York 11570  
Phone: 917.922.6738  
[info@acalltomen.org](mailto:info@acalltomen.org)

**The Good Men Project**

[info@goodmenproject.com](mailto:info@goodmenproject.com)  
<https://goodmenproject.com/>

**What to Watch:**

**The Mask You Live In-** Documentary

**“A Call to Men” - Tony Porter TED talk**

[https://www.ted.com/talks/tony\\_porter\\_a\\_call\\_to\\_men](https://www.ted.com/talks/tony_porter_a_call_to_men)

**“Why Gender Equality is Good for Everyone- Men Included”- Michael Kimmel**

[https://www.ted.com/talks/michael\\_kimmel\\_why\\_gender\\_equality\\_is\\_good\\_for\\_everyone\\_men\\_included](https://www.ted.com/talks/michael_kimmel_why_gender_equality_is_good_for_everyone_men_included)

**“An Invitation to Men Who Want a Better World for Women”- Elizabeth Nyamayaro**

[https://www.ted.com/talks/elizabeth\\_nyamayaro\\_an\\_invitation\\_to\\_men\\_who\\_want\\_a\\_better\\_world\\_for\\_women](https://www.ted.com/talks/elizabeth_nyamayaro_an_invitation_to_men_who_want_a_better_world_for_women)

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**National Sexual Assault Hotline (RAINN)-** 1.800.656.4673

**National Child Abuse Hotline (Child Help):** 1.800.422.4453

**National Human Trafficking Hotline:** 1-888-3737-88

**Community, Counseling, & Mediation Hotline –** 718-802-0666

**24/7 Hotline Crisis Counseling (Women Aware):** 732-249-4504

**National Dating Abuse Helpline:** 1-866-331-9474

**National Suicide Prevention Hotline:** 1-800-273-8255

**Support for LGBT Survivors:** (212) 714-1141

**Legal Help for Survivors**

**National Crime Victims Bar Association –** 202.467.8753

**Legal Momentum** -Phone: 212-925-6635 <https://www.legalmomentum.org/get-help/legal-resources-kits> **(publications for download)**

**Knowing Your Rights: Disabled Victims of Sexual Violence:**

<https://www.legalmomentum.org/sites/default/files/reports/disabilities-accomodations.pdf>

**<http://www.womenslaw.org>**

**National Pro Bono Guide:** <https://www.probono.net/dv/oppsguide/>

**Housing Help:** <https://www.domesticshelters.org>

### **More Resources**

**National Center on Domestic and Sexual Violence:**  
[http://www.ncdsv.org/NCDSV\\_DVSAresources\\_4-2017.pdf](http://www.ncdsv.org/NCDSV_DVSAresources_4-2017.pdf)

**National Coalition Against Domestic Violence:** <http://ncadv.org/learn-more/resources>

**State Coalitions Against Domestic Violence** <http://www.ncadv.org/stay-connected/state-coalitions>

**National Organization for Women:**  
<http://now.org>

**WAVE (Women Against the Violence Epidemic)**  
300 Colonial Center Pkwy, Suite 100N  
Roswell, Georgia  
[wave3.org@gmail.com](mailto:wave3.org@gmail.com)

**Break the Silence Against Domestic Violence**  
<http://www.breakthesilencedv.org>